The Path Forward for Mental Health & Substance Use

MidAtlantic Path Forward Partnership Meeting

January 15, 2020
Mental Health & Substance Use: A Public Health Crisis

FIVE INTER-RELATED OPPORTUNITIES TO STEM THE TIDE OF ACCESS ISSUES

**A BROKEN SYSTEM**
- Phantom networks – difficult to get timely appointments
- Provider shortages, low participation rates
- Most mental health medications prescribed by primary care
- No accountability for quality of treatment
- Growing concerns and enforcement of mental health parity

**Societal Impact**
- Suicide rates at record levels
- Opioid deaths up 400%
- Acceptance improving, access declining

**Workforce Impact**
- Direct impact on performance
- Leading cost of disability
- Multiplier effect on co-morbidities

**A REFORMED SYSTEM**
- Reverse declining network participation rates of mental health professionals
- Improve quality of care provided and patient outcomes
- Integrate behavioral health screening, coordination and referrals from primary care
- Reduce legacy mental health disparities and friction
- Supplement access and integration with virtual care

**National Alliance of Healthcare Purchaser Coalitions**
Driving Innovation, Health and Value

The Path Forward executes a disciplined approach to affect market-driven change.
The Path Forward for Mental Health and Substance Use

**Network Access**
- National Technical Resource Team
  - Education to national stakeholders (consultants, industry groups)
  - Advise and support coalitions
  - Website/tools/speakers bureau

**Measurement-based care**
- National Technical Resource Team
  - Education to national stakeholders (consultants, industry groups)
  - Advise and support coalitions
  - Website/tools/speakers bureau

**Collaborative care**
- Eight RESET Regions Multi-Stakeholder Change Initiative
  - Establish regional baseline
  - Foster stakeholder plan
  - Project management/problem resolution

**Mental health parity compliance**
- 30 Non-RESET Coalitions Purchaser Engagement Initiative
  - Educate consultants/employers
  - Enlist purchaser “sign-on” to initiative
  - Execute 10 universal action steps

**Tele-behavioral health**
- RESET LEAD
  - LEVERAGE
  - LOCALIZE

**BEHAVIORAL HEALTH SUPPLY CHAIN**
- Benefits Consultants
- Employers/Plan Sponsors
- Health Plans/TPAs/PBMs
- Health Systems/Primary Care/MHSU Specialists

**NATIONAL STEERING COMMITTEE**
- Meadows Mental Health Policy Institute
- APAF Center for Workplace Mental Health and APA
- National Alliance of Healthcare Purchaser Coalitions
RESET Regions and Coalitions

- *California* – Pacific Business Group on Health and Silicon Valley Employers Forum
- *Florida* – Florida Alliance for Healthcare Value
- *Kansas* – Kansas Business Group on Health
- *Maryland, DC and Northern VA* – MidAtlantic Business Group on Health
- *Minnesota* – Minnesota Health Action Group
- *NYC metro area including northern NJ and southern CT* – Northeast Business Group on Health
- *Tennessee* – Memphis Business Group on Health and HealthCare 21 Business Coalition
- *Texas* – DFW Business Group on Health and Houston Business Coalition on Health

For More Information

https://www.nationalalliancehealth.org/www/initiatives/initiatives-national/workplace-mental-health/pathforward