Overview: The Path Forward for Mental Health & Substance Use
Mental Health & Substance Use: A Public Health Crisis

**A BROKEN SYSTEM**
- Phantom networks – difficult to get timely appointments
- Provider shortages, low participation rates
- Most mental health medications prescribed by primary care
- No accountability for quality of treatment
- Growing concerns and enforcement of mental health parity

**A REFORMED SYSTEM**
- Reverse declining network participation rates of mental health professionals
- Improve quality of care provided and patient outcomes
- Integrate behavioral health screening, coordination and referrals from primary care
- Reduce legacy mental health disparities and friction
- Supplement access and integration with virtual care

**FIVE INTER-RELATED OPPORTUNITIES TO STEM THE TIDE OF ACCESS ISSUES**

- **Measurement-based care**
- **Network access**
- **Collaborative care**
- **Tele-behavioral health**
- **Mental health parity compliance**

**Societal Impact**
- Suicide rates at record levels
- Opioid deaths up 400%
- Acceptance improving, access declining

**Workforce Impact**
- Direct impact on performance
- Leading cost of disability
- Multiplier effect on co-morbidities
RESET Regions