988 Crisis Hotline
A newly created three-digit number to call to access a network of local and state-funded crisis centers.

WHAT DOES 988 OFFER?
988 provides compassionate, accessible care and support for anyone experiencing mental health related distress, including suicidal thoughts, a mental health or substance use crisis, or any other kind of emotional distress.

People can call 988 if they are worried about a person who may need crisis support. This is important for employers who may need to offer crisis support to an employee in need.

86% of adults believe that when someone is in a mental health or suicide crisis, they should receive a mental health response—not a police response.

$5.6 billion is the total cost of the 10.7 million visits to the ER in 2017 attributed to mental health and substance use disorders.

88% agree that society would be improved if everyone who needed mental health care was able to access it.

Additional Resources
The crisis lines below are also available 24/7 for those in need:

Crisis Text Line
Text HOME to 741741

National Suicide Prevention Lifeline
1-800-273-8255

SAMHSA Helpline
1-800-662-4357

Visit workplacementalhealth.org/988 to learn more, including resources from:

SAMHSA 988 FAQ
Suicide Prevention at Work
American Foundation for Suicide Prevention

NAMI #RelimageCrisis
Vibrant Emotional Health

workplacementalhealth.org